

Parbold Douglas CE Academy

PE Curriculum Map

PE Curriculum Map (Yearly Overview) 2021-2022

Forest Schools x 3 Blocks:

B1 - Tuesdays WB 13th September - WE 19th November **RECEPTION**

B2 - Tuesdays WB 22nd November - WE 4th February **YEAR 1**

B3 - Tuesdays WB 21st February - WE 6th May **RECEPTION**

Swimming

Wednesday All year WB 13th September - WE 8th July 11:00-11:45am @Park Pool

Reception

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Class teacher		Gymnastics (bouncing, jumping and landing)	Dance - Seasons			Target Games 1
WLSP	Forest School	Forest School		Forest School	Forest School	

Year 1

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Class teacher	Gymnastics (pathways – small and long)	Fundamental Movement Skills 1 & Forest school (WLSP)	Forest School (WLSP)	Net and Wall Game Skills 1	Invasion Game Skill 1	Target Games 2
WLSP	Striking and Fielding	Striking and Fielding	Athletics	Athletics	Dance	Dance



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Year 2

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Class teacher	Gymnastics (spinning, turning and twisting)	Gymnastics (stretching, curling and arching)	Fundamental Movement Skills 2	Net and Wall Game Skills 2	Invasion Game Skill 2	Target Games 3
WLSP	Striking and Fielding	Striking and Fielding	Athletics	Athletics	Dance	Dance

Year 3

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Class teacher	Gymnastics (linking movements together)	Gymnastics (receiving body weight)	Health Related Fitness	Net and Wall Games (Netball)	OAA	Invasion Games (Football)
WLSP	Striking and Fielding	Striking and Fielding	Athletics	Athletics	Dance	Dance

Year 4

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Class teacher	Swimming	Swimming	Swimming	Swimming	Swimming	Swimming
WLSP	Athletics	Athletics	Dance	Dance	Striking and Fielding	Striking and Fielding



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Year 5

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Class teacher	Gymnastics (partner work – under and over)	Gymnastics (synchronisation and canon)	Health Related Fitness	Net and Wall Games (Dodgeball)	OAA	Invasion Games (Tag Rugby)
WLSP	Striking and Fielding	Striking and Fielding	Athletics	Athletics	Dance	Dance

Year 6

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Class teacher	Gymnastics (counter-balance and counter tension)	Gymnastics (group Sequencing)	Health Related Fitness	Net and Wall Games (Tennis)	OAA	Invasion Games (Basketball)
WLSP	Athletics	Athletics	Dance	Dance	Striking and Fielding	Striking and Fielding

